Dr.. David Mathis is a Georgia native, born and reared in and around Quitman and Valdosta, Georgia. He obtained both a BS and BA degrees from Emory University before entering Mercer University School of Medicine. Graduating with his MD degree in 1990, Dr. Mathis then completed his three year general Internal Medicine residency at The Medical Center of Central Georgia/Mercer University School of Medicine in 1993. He is Board Certified in Internal Medicine and is a Fellow of the American College of Physicians. Dr. Mathis serves as the Medical Director of the residency's training clinics, The W T Anderson Center. He also has been a committee member of the University's Institutional Review Board for Human Subjects (IRB) since 1999 and has been the Chair of this committee since 2006. In 2009, Dr. Mathis completed his Master of Medical Management degree from Tulane University.

Dr. Mathis was the first Campus Dean for MUSM's clinical campus in Columbus for three years and then transitioned back to Macon to become the Assistant Dean for MUSM, Macon as well as Director of the Office of Academic Program Development.

In July 2016, Dr. Mathis became the Program Director of the Internal Medicine residency and also serves The Medical Center as the elected Vice-Chief of the Department of Medicine.