

THE Synapse



An educational bulletin of Mercer University School of Medicine and The Medical Center of Central Georgia

World Class Care... right where you need it.

The Medical Center of Central Georgia

APRIL 2014

THE MEDICAL CENTER OF CENTRAL GEORGIA & MERCER UNIVERSITY SCHOOL OF MEDICINE

Announce Our New Incoming Residents and Fellows!

Family Medicine

PGY 1

Agnes Berlin
Thuy Doan
Benjamin Ho
Sakib Maya
Vinitha Nareddy
Lauren Scaglione
Courtney Thomas
Brandan Wormsbacher

Internal Medicine

PGY1

Stephanie Beavers
Lindsey Geeraerts
Christina Jayakumar
Kedric Naylor
Dilesh Patel
Forrest Powers
Gregory Tanner
Luke Walker
Joshua Wilburn
Bella Desai (preliminary)
Anna Lee (preliminary)

OB/GYN

PGY 1

Kyle Adams
Christina Noguera
Justin Peterson
Jessica Scheibe

Pediatric PL 1

Sarah Ganji
Rona Head
Henry LeBoyd
Zanna Reid
Olena VanWongerghem
Lauren Wagner

General Surgery

PGY 1

Virginia Bush
Madison Griffin
Christopher Jean-Louis
Justin Vaughan

Surgical Critical Care Fellowship

Paul Kerr, DO
James McFarland, MD

Geriatrics Fellowship (PGY 4)

Mandy Lucas, ACNS-BC

Hospice Palliative Medicine Fellowship (PGY 4)

Heather Peltier, MD
Sasha Smith, MD



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In this issue

1. Welcome New Residents and Fellows
2. Certified CME
3. Non-Certified CME
4. Presentations & Publications

Certified Continuing Medical Education Activities

April 2 **Internal Medicine**
Scheduled Series
8:00 a.m.—9:00 a.m.
MCCG Trice Auditorium
877 Hemlock Street, Macon, GA 31201,
Lenora Rogers (478) 301-5823
Topic: Faculty Grand Rounds: **Drug Induced Liver Injury**
Speaker: Elizabeth May, M.D.
Professor of Medicine/
Gastroenterology
MUSM

Objective: To increase understanding in the area of liver injury due to prescriptions, herbs & dietary supplements.
The Mercer University School of Medicine designates this live activity for a maximum of 1 AMA PRA Category 1 Credit(s)™

April 3 **Surgery Regularly**
Schedule Series
7:30 a.m. – 8:30 a.m.
MCCG Eversole Auditorium
777 Hemlock St Macon, GA 31201
Carletta Grace (478) 633-1891
Multidisciplinary G.I. Conference
Objective: To review G.I. conditions and to discuss diagnostic and management plans to improve multi-disciplinary management.
The Mercer University School of Medicine designates this live activity for a maximum of 1 AMA PRA Category 1 Credit(s)™

April 4 **Family Medicine**
Regularly Scheduled
Series
12:15 p.m. – 1:15 p.m.
MUSM Medical Education Bldg.
790 First Street Macon, GA 31201
Yolonda Howard (478) 633-5554
Topic: An Overview of Dementia for the Family Physician
Speaker: Rashida Henderson, MD
Objective: Physicians will learn to identify clinical signs and symptoms of dementia in the Family Medicine patient, and appropriate selection and interpretation of diagnostic studies when indicated.
This activity has been reviewed and is acceptable for up to 1.00 Prescribed credits by the American Academy of Family Physicians

April 7 **Tumor Conference**
12:00 p.m. – 1:00 p.m.
MCCG Trice Auditorium
777 Hemlock St Macon, GA 31201
Susan Pavoni (478) 633-1902
Objective: Apply learned cancer management issues in regard to diagnosis and treatment and to dictate a plan of care
The Mercer University School of Medicine designates this live activity for a maximum of 1 AMA PRA Category 1 Credit(s)™

April 9 **Internal Medicine**
Scheduled Series
8:00 a.m.—9:00 a.m.
MCCG Trice Auditorium
877 Hemlock Street, Macon, GA 31201,
Lenora Rogers (478) 301-5823
Topic: **Spirituality in Clinical Practice**
Speaker: Richard F. Camino-Gaztambide, M.D.
Associate Professor of Psychiatry and

Behavioral Science
MUSM
Objective: To understand the role /impact of spirituality in clinical medicine.
The Mercer University School of Medicine designates this live activity for a maximum of 1 AMA PRA Category 1 Credit(s)™

April 10 **Surgery Regularly**
Schedule Series
7:30 a.m. – 8:30 a.m.
MCCG Eversole Auditorium
777 Hemlock St Macon, GA 31201
Carletta Grace (478) 633-1891
Speaker: TBA
Topic: Chief Grand Rounds
Objective: TBA
The Mercer University School of Medicine designates this live activity for a maximum of 1 AMA PRA Category 1 Credit(s)™

April 11 **Family Medicine**
Regularly Scheduled
Series
12:15 p.m. – 1:15 p.m.
MUSM Medical Education Bldg.
790 First Street Macon, GA 31201
Yolonda Howard (478) 633-5554
Topic: The Integrative Care of Breast Cancer Survivor.
Speaker: Roberta Weintraut, MD
Objective: Physicians will be able to broaden their supportive care to breast cancer survivors to include optimal nutritional intervention and evidence-based use of supplements such as fish oil.
This activity has been reviewed and is acceptable for up to 1.00 Prescribed credits by the American Academy of Family Physicians

April 14 **Tumor Conference**
12:00 p.m. – 1:00 p.m.
MCCG Trice Auditorium
777 Hemlock St Macon, GA 31201
Susan Pavoni (478) 633-1902
Objective: Apply learned cancer management issues in regard to diagnosis and treatment and to dictate a plan of care
The Mercer University School of Medicine designates this live activity for a maximum of 1 AMA PRA Category 1 Credit(s)™

April 16 **Internal Medicine**
Scheduled Series
8:00 a.m.—9:00 a.m.
MCCG Trice Auditorium
877 Hemlock Street, Macon, GA 31201,
Lenora Rogers (478) 301-5823
Topic: **Solid Organ Transplant**
Speaker: Eric Gibney, M.D.
Medical Director, Kidney and Pancreas Transplantation
Piedmont Transplant Institute
Atlanta, Georgia
Objective: To provide and overview of the issues seen by primary care physicians related to solid organ transplant.
The Mercer University School of Medicine designates this live activity for a maximum of 1 AMA PRA Category 1 Credit(s)™

April 17 **Surgery Regularly**
Schedule Series
7:30 a.m. – 8:30 a.m.
MCCG Eversole Auditorium
777 Hemlock St Macon, GA 31201
Carletta Grace (478) 633-1891
Topic: Topics in Trauma
Objective: To review the latest literature on trauma and to discuss plans to improve performance and safety.
The Mercer University School of Medicine designates this live activity for a maximum of 1 AMA PRA Category 1 Credit(s)™

April 21 **Tumor Conference**
12:00 p.m. – 1:00 p.m.
MCCG Trice Auditorium
777 Hemlock St Macon, GA 31201
Susan Pavoni (478) 633-1902
Objective: Apply learned cancer management issues in regard to diagnosis and treatment and to dictate a plan of care
The Mercer University School of Medicine designates this live activity for a maximum of 1 AMA PRA Category 1 Credit(s)™

April 23 **Internal Medicine**
Regularly Scheduled
Series
8:00 a.m.—9:00 a.m.
MCCG Trice Auditorium
877 Hemlock Street, Macon, GA 31201,
Lenora Rogers (478) 301-5823
Resident Grand Rounds
Cardio-Renal Syndrome
Speaker: Manjit Pakkala, MD, PGY-2
Objective: To better understand the the pathophysiology & treatment of cardio-renal syndrome.
Physician Burnout: An Introduction
Speaker: Zoeb Bootwala, MD, PGY-3
Objective: To understand the causes of and recognize symptoms of physician burnout.
The Mercer University School of Medicine designates this live activity for a maximum of 1 AMA PRA Category 1 Credit(s)™

April 24 **Surgery Regularly**
Schedule Series
7:30 a.m. – 8:30 a.m.
MCCG Eversole Auditorium
777 Hemlock St Macon, GA 31201
Carletta Grace (478) 633-1891
Milford B. Hatcher Lecture
Speaker: Josef E. Fischer, MD, FACS, FRCS
William V. McDermott Professor of Surgery
Harvard University
Topic: TBA
Objective: TBA
The Mercer University School of Medicine designates this live activity for a maximum of 1 AMA PRA Category 1 Credit(s)™

Certified Continuing Medical Education Activities (Cont'd)

April 25 **Family Medicine
Regularly Scheduled
Series**
12:15 p.m. – 1:15 p.m.
MUSM Medical Education Bldg.
790 First Street Macon, GA 31201
Yolonda Howard (478) 633-5554
Topic: Basics of Palliative Care
Speaker: Rosegenee Ellis, MD
Objective: Physicians will learn to identify patients who may be good candidates for palliative care, and identify criteria for referral for hospice and palliative care.
This activity has been reviewed and is acceptable for up to 1.00 Prescribed credits by the American Academy of Family Physicians

April 28 **Tumor Conference**
12:00 p.m. – 1:00 p.m.
MCCG Trice Auditorium
777 Hemlock St Macon, GA 31201
Susan Pavoni (478) 633-1902
Objective: Apply learned cancer management issues in regard to diagnosis and treatment and to dictate a plan of care
The Mercer University School of Medicine designates this live activity for a maximum of 1 AMA PRA Category 1 Credit(s)TM

April 30 **Internal Medicine
Scheduled Series**
8:00 a.m.—9:00 a.m.
MCCG Trice Auditorium
877 Hemlock Street, Macon, GA 31201,
Lenora Rogers (478) 301-5823
Topic: **Plasma Transfusion: Current Practices & Alternatives**
Speaker: Jay Herman, M.D.
Transfusion Medical Director-Thomas Jefferson University Hospital
Philadelphia, PA
Objective: TBA
CME Provided by Paradigm Medical Communications, LLC. Supported by an educational grant from Octapharma USA, Inc.

*** AAFP Prescribed credit is accepted by the AMA as equivalent to AMA PRA Category 1 Credit toward the AMA Physician's Recognition Award. Many state licensing boards will accept AAFP Prescribed credit from members to meet CME requirements.**

REMINDER



Submissions for printing in the *Synapse* Newsletter must be received in the Office of Medicine Education by the 5th of each preceding month prior to the actual event month.

You may email or fax your submissions to blash.tony@mccg.org or fax (478) 633-1578

NON-Certified Continuing Medical Education Activities

The Following Educational Opportunities Are Available But **Do Not** Have Continuing Medical Education Credit

April 4 **OB/GYN Department
Regularly Scheduled Series**
8:00 A.M.—9:00 A.M.
Peyton Anderson Health Education Building
877 Hemlock Street Macon, GA 31201
Amanda McDaniel (478) 633-1056
Topic: TBA
Speaker: Erin Syers, DO

April 4 **Pediatrics Department
Regularly Scheduled Series**
12:00 P.M.—1:00 P.M.
Peyton Anderson Health Education Building
877 Hemlock Street Macon, GA 31201
Felicia Bentley (478) 633-7140
Topic: HEIDIS and Quality Performance Measures: Peach State Health Plan
Speaker: Joyce McElwan, RN; Marty Fallon, RN and Shay Hawkins, RN

April 11 **Pediatrics Department
Regularly Scheduled Series**
12:00 P.M.—1:00 P.M.
Peyton Anderson Health Education Building
877 Hemlock Street Macon, GA 31201
Felicia Bentley (478) 633-7140
Topic: TBA
Speaker: Robert Johnson, MD

April 18 **OB/GYN Department
Regularly Scheduled Series**
8:00 A.M.—9:00 A.M.
Peyton Anderson Health Education Building
877 Hemlock Street Macon, GA 31201
Amanda McDaniel (478) 633-1056
Topic: TBA
Speaker: Misti Patel, MD

April 18 **Pediatrics Department
Regularly Scheduled Series**
12:00 P.M.—1:00 P.M.
Peyton Anderson Health Education Building
877 Hemlock Street Macon, GA 31201
Felicia Bentley (478) 633-7140
Topic: Oops! I Did It Again: Medical Mistakes and QI
Speaker: Nathanael Swinger, MD

April 25 **Pediatrics Department
Regularly Scheduled Series**
12:00 P.M.—1:00 P.M.
Peyton Anderson Health Education Building
877 Hemlock Street Macon, GA 31201
Felicia Bentley (478) 633-7140
Topic: MUSM Medical Mission in Haiti
Speaker: Lowell Clark, MD

Presentations & Publications

Kenneth Harper, M.D. & Terri Harper, MSN, APRN, FNP-C presented the following abstracts at the XVII World Meeting of the International Union of Phlebology, September 8-13, 2013 in Boston, MA.

1. Treatment of Endothermal-Heat-Induced-Thrombus using a Class-Specific Treatment Algorithm.

K. Harper, MD RPhS, RPVI, M. Kinney RN, BSN, E. Milligan RN, BSN, S. Hyun PhD

Vein Specialists of the South, LLC and Biomedical Engineering Department, MERCER UNIVERSITY

ABSTRACT: Endovenous ablation of the great saphenous vein (GSV) or short saphenous vein (SSV) has been the treatment of choice for symptomatic GSV/SSV reflux since 2000. The endovenous ablation procedure uses heat to contract the collagen and collapse the vein wall creating a fibrotic seal eliminating reflux in over 98% of cases. The treated vein is absorbed over time. Four objectives were established for this study: (i) Implement a class specific treatment algorithm (CSTA) for EHIT; (ii) Report the overall and class specific incidence of EHIT in a series of endovenous procedures; (iii) Determine EHIT progression to higher classification using the CSTA; (iv) Establish time to resolution in patients with EHIT using CSTA.

2. Voluntary Auditory Attenuation of Noxious Surgical Stimulation in Varicose Vein Surgery

David E. Hallstrand, Jr. MD ; **Kenneth E. Harper, MD**, RPVI, RPhS ; Thomas N. Harper, BS ; Sinjae Hyun, PhD

Vein Specialists of the South, LLC and Biomedical Engineering Department, Mercer University

ABSTRACT: Music (variable tones and frequency) when linked to positive life experiences can produce feelings of safety and pleasure. Dental researchers report that dissociation can enhance pain tolerance. Isochronic tones (single tone and frequency) produce cortical brain responses, Brain Wave Entrainment, and diminished anxiety levels which can be mapped with EEG or Bi-Spectral Analysis (BIS) levels. The objective of this study is to analyze Auditory Isochronic Tone Entrainment (ITES) versus Music of Patient Choice (MOPC) effect on noxious patient perception of vein procedures under TLA with or without oral Lorazepam.

3. Using Glycerin Effectively in Leg Telangiectasias

Terri B Harper, MSN, APRN, FNP-C.

Vein Specialists of the South, LLC

Thirteen patients were treated with either sodium tetradecyl sulfate (STS) or glycerin to compare the efficacy and adverse sequelae of each agent. The objective was to determine the relative safety and efficacy of two sclerosant solutions. Glycerin was comparable to STS in discomfort of injection but demonstrated a significant decrease in bruising, swelling, and post procedural hyperpigmentation. Glycerin also demonstrated a better, more rapid clearance of treated telangiectasias.

The Synapse

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View this edition of the Synapse at:

<http://medicine.mercer.edu/cme/synapse/>

The Synapse is a monthly newsletter produced by Mercer University School of Medicine/Medical Center of Central Georgia Office of Medical Education as a resource for the physicians of Georgia.

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